



1  
00:00:00,600 --> 00:00:09,959

[Music]

2  
00:00:14,109 --> 00:00:12,310

let me introduce myself I'm Vernon

3  
00:00:16,150 --> 00:00:14,119

Nicholas I'm the research director at

4  
00:00:18,010 --> 00:00:16,160

equilibrium energy and education in

5  
00:00:19,600 --> 00:00:18,020

Chicago Illinois and we are a

6  
00:00:21,670 --> 00:00:19,610

research-based Wellness Center that's

7  
00:00:23,740 --> 00:00:21,680

dedicated to the study and practical

8  
00:00:26,169 --> 00:00:23,750

application of energy based therapies

9  
00:00:28,089 --> 00:00:26,179

I'm actually joined here by my

10  
00:00:29,800 --> 00:00:28,099

collaborator in this research Bernadette

11  
00:00:32,049 --> 00:00:29,810

Duran who's in the audience with me and

12  
00:00:34,570 --> 00:00:32,059

she's also the founder and director of

13  
00:00:36,520 --> 00:00:34,580

equilibrium in Chicago and we're here

14

00:00:38,320 --> 00:00:36,530

today to give you some of the results

15

00:00:40,360 --> 00:00:38,330

and findings of our research regarding

16

00:00:42,399 --> 00:00:40,370

some more about the energetic

17

00:00:44,590 --> 00:00:42,409

underpinnings about what happens when

18

00:00:45,850 --> 00:00:44,600

the Bankston method occurs and just

19

00:00:47,710 --> 00:00:45,860

gives you a more systematic

20

00:00:50,109 --> 00:00:47,720

understanding into the nature of healing

21

00:00:54,189 --> 00:00:50,119

and specifically what happens when we do

22

00:01:06,230 --> 00:00:54,199

build image cycling and before we dig

23

00:01:06,240 --> 00:01:18,590

okay

24

00:01:18,600 --> 00:01:24,490

can I just use

25

00:01:24,500 --> 00:01:28,999

no no no I thought the

26

00:01:29,009 --> 00:01:33,530

absolutely

27

00:01:42,740 --> 00:01:38,420

great Thank You Todd okay great right

28

00:01:44,840 --> 00:01:42,750

okay well before we begin I wanted to

29

00:01:48,110 --> 00:01:44,850

thank a couple folks first I wanted to

30

00:01:50,120 --> 00:01:48,120

thank bill for introducing us to sse and

31

00:01:52,640 --> 00:01:50,130

for inviting us to speak with you about

32

00:01:54,350 --> 00:01:52,650

our method but also one of the thing

33

00:01:56,660 --> 00:01:54,360

britta'd that Duran who is a founder and

34

00:01:58,460 --> 00:01:56,670

owner of equilibrium and she's one of

35

00:02:00,350 --> 00:01:58,470

the most talented visionaries and

36

00:02:02,240 --> 00:02:00,360

healers that I've ever met and having

37

00:02:04,040 --> 00:02:02,250

seen all the positive transformations

38

00:02:07,490 --> 00:02:04,050

that she's made and other people's lives

39

00:02:09,560 --> 00:02:07,500

have really inspired me to try and

40

00:02:12,380 --> 00:02:09,570

understand how energy healing works in a

41

00:02:16,610 --> 00:02:12,390

more systematic and defined way and I

42

00:02:19,340 --> 00:02:16,620

wanted to everyone is familiar with

43

00:02:23,230 --> 00:02:19,350

Bill's research many of us are familiar

44

00:02:26,240 --> 00:02:23,240

with Bill's research about his focus on

45

00:02:28,250 --> 00:02:26,250

saving the rodents from certain death

46

00:02:30,800 --> 00:02:28,260

from mammary cancer and as you can see

47

00:02:32,780 --> 00:02:30,810

there on the left is an example of a

48

00:02:34,699 --> 00:02:32,790

mouse that he's injected with cancer and

49

00:02:37,100 --> 00:02:34,709

what happened on the right of what

50

00:02:40,550 --> 00:02:37,110

happens to the mouse after they go

51  
00:02:42,560 --> 00:02:40,560  
through the banks and treatment and the

52  
00:02:44,900 --> 00:02:42,570  
way the Benson treatment occurs it's

53  
00:02:47,180 --> 00:02:44,910  
initiated by a process called image

54  
00:02:49,520 --> 00:02:47,190  
cycling and image cycling is just the

55  
00:02:53,150 --> 00:02:49,530  
subjective means of initiating the flow

56  
00:02:55,610 --> 00:02:53,160  
of energy from the therapist to the per

57  
00:02:57,620 --> 00:02:55,620  
individual or the mouse getting the

58  
00:02:59,960 --> 00:02:57,630  
healing and a lot of the questions over

59  
00:03:03,229 --> 00:02:59,970  
the years have arisen what is exactly

60  
00:03:05,030 --> 00:03:03,239  
happening when we go through the Benson

61  
00:03:08,750 --> 00:03:05,040  
method and image cycling what are the

62  
00:03:10,520 --> 00:03:08,760  
energetic underpinnings and that's part

63  
00:03:13,009 --> 00:03:10,530

of the reason why last year bill decided

64

00:03:15,500 --> 00:03:13,019

to do a double-blind experiment where he

65

00:03:17,479 --> 00:03:15,510

actually laid in an MRI machine and held

66

00:03:20,930 --> 00:03:17,489

a series of envelopes some of that

67

00:03:23,420 --> 00:03:20,940

envelopes actually had it's a blank

68

00:03:25,970 --> 00:03:23,430

index card it had nothing in it and what

69

00:03:29,000 --> 00:03:25,980

some other envelopes actually had a hair

70

00:03:32,240 --> 00:03:29,010

sample from an animal with cancer so the

71

00:03:34,220 --> 00:03:32,250

question was when he held the envelope

72

00:03:36,410 --> 00:03:34,230

with the sample at a hair sample with

73

00:03:38,840 --> 00:03:36,420

cancer did the brain respond

74

00:03:41,000 --> 00:03:38,850

autonomically to stimulus that's in need

75

00:03:43,610 --> 00:03:41,010

of healing and if you see no response

76  
00:03:45,970 --> 00:03:43,620  
you'll really see no reaction for the

77  
00:03:47,920 --> 00:03:45,980  
brain in the fMRI scans and then

78  
00:03:49,330 --> 00:03:47,930  
the picture above there represents the

79  
00:03:54,760 --> 00:03:49,340  
controller on what you would typically

80  
00:03:56,860 --> 00:03:54,770  
see but when he bill held envelopes he

81  
00:03:59,020 --> 00:03:56,870  
realized that although he himself was

82  
00:04:01,240 --> 00:03:59,030  
not able to subjectively tell what

83  
00:04:03,880 --> 00:04:01,250  
contained the hair sample versus what

84  
00:04:06,130 --> 00:04:03,890  
contained a blank index card the brain

85  
00:04:09,750 --> 00:04:06,140  
certainly knew what was in each envelope

86  
00:04:13,840 --> 00:04:09,760  
where you see an active frontal lobe a

87  
00:04:16,690 --> 00:04:13,850  
energy sent activation when he held the

88  
00:04:18,550 --> 00:04:16,700

envelope with the hair sample and it

89

00:04:22,330 --> 00:04:18,560

turned off when he held the blank index

90

00:04:25,180 --> 00:04:22,340

card so what did all this suggest and it

91

00:04:26,800 --> 00:04:25,190

suggested and it reinforced the notion

92

00:04:29,200 --> 00:04:26,810

that you don't really need an active

93

00:04:31,420 --> 00:04:29,210

belief or intention to heal to produce

94

00:04:34,840 --> 00:04:31,430

or trigger some response from the brain

95

00:04:36,730 --> 00:04:34,850

now this isn't necessarily saying that a

96

00:04:38,530 --> 00:04:36,740

healing response is occurring when the

97

00:04:41,440 --> 00:04:38,540

brain fires when the interior lobes

98

00:04:43,450 --> 00:04:41,450

start to fire but what this does suggest

99

00:04:46,150 --> 00:04:43,460

is that the brain has an autonomic

100

00:04:48,010 --> 00:04:46,160

response and there are other aspects

101  
00:04:49,630 --> 00:04:48,020  
that are going on that are working on

102  
00:04:53,260 --> 00:04:49,640  
the subconscious level that we don't

103  
00:04:55,780 --> 00:04:53,270  
necessarily have control over and we've

104  
00:04:59,710 --> 00:04:55,790  
seen a lot of research focused on aegs

105  
00:05:02,080 --> 00:04:59,720  
MRIs but what other ways have we looked

106  
00:05:03,790 --> 00:05:02,090  
at that helped us determine give us a

107  
00:05:05,980 --> 00:05:03,800  
more systematic understanding of the

108  
00:05:08,680 --> 00:05:05,990  
nature of energy healing what other ways

109  
00:05:11,020 --> 00:05:08,690  
can we measure an autonomic response and

110  
00:05:12,870 --> 00:05:11,030  
one of those ways is through a

111  
00:05:15,250 --> 00:05:12,880  
technology called gas discharge

112  
00:05:17,770 --> 00:05:15,260  
visualization and guess discharge

113  
00:05:20,530 --> 00:05:17,780

visualization which I'll refer to as gdv

114

00:05:23,980 --> 00:05:20,540

was developed by dr. Constantine karakov

115

00:05:26,740 --> 00:05:23,990

back in 1995 he's a Russian biophysicist

116

00:05:30,490 --> 00:05:26,750

professor and that's it's all about

117

00:05:32,410 --> 00:05:30,500

getting that the glow or about quantum

118

00:05:35,710 --> 00:05:32,420

light emissions of each of the fingers

119

00:05:38,020 --> 00:05:35,720

so what happened we have folks put their

120

00:05:40,450 --> 00:05:38,030

fingers on an electrode and we send

121

00:05:42,460 --> 00:05:40,460

lesson1 milligauss of energy to excite

122

00:05:45,490 --> 00:05:42,470

the bio photons around each of the

123

00:05:47,320 --> 00:05:45,500

fingers and that emits and that excites

124

00:05:49,810 --> 00:05:47,330

the the bio photons around each of the

125

00:05:51,880 --> 00:05:49,820

fingers and those bio photons the

126

00:05:53,950 --> 00:05:51,890

mission is captured by the digital

127

00:05:56,620 --> 00:05:53,960

camera and because it's captured by

128

00:05:58,780 --> 00:05:56,630

digital camera it allows us to do some

129

00:05:59,200 --> 00:05:58,790

quantitative analysis on the size of

130

00:06:04,629 --> 00:05:59,210

that energy

131

00:06:06,909 --> 00:06:04,639

a glow now Karaka believes that we can

132

00:06:09,850 --> 00:06:06,919

really understand how we process and

133

00:06:12,490 --> 00:06:09,860

absorb energy through these scans of

134

00:06:14,469 --> 00:06:12,500

each of the fingertips and karakov

135

00:06:16,629 --> 00:06:14,479

himself has done some independent

136

00:06:18,580 --> 00:06:16,639

research and looked at different sectors

137

00:06:21,909 --> 00:06:18,590

of different fingers borrowing from the

138

00:06:24,159 --> 00:06:21,919

traditions of Eastern medicine where

139

00:06:26,559 --> 00:06:24,169

each different part of the finger

140

00:06:28,210 --> 00:06:26,569

corresponds to different organ or a

141

00:06:30,189 --> 00:06:28,220

different system and they've been

142

00:06:32,439 --> 00:06:30,199

verified through clinical trials so if

143

00:06:35,260 --> 00:06:32,449

you look at the far right and you see a

144

00:06:37,150 --> 00:06:35,270

scan of the thumb you can see how that

145

00:06:39,189 --> 00:06:37,160

that bottom part of the thumb refers to

146

00:06:41,529 --> 00:06:39,199

the throat or the thyroid gland then you

147

00:06:43,779 --> 00:06:41,539

see some missing emissions there it

148

00:06:46,600 --> 00:06:43,789

shows that there's an under activity of

149

00:06:48,999 --> 00:06:46,610

energy a sort of diminished fatality of

150

00:06:54,640 --> 00:06:49,009

life force or energy that's in the

151  
00:06:56,529 --> 00:06:54,650  
throat or the thyroid and the key to GDP

152  
00:06:58,659 --> 00:06:56,539  
is really understanding the number of

153  
00:07:01,180 --> 00:06:58,669  
pixels that appear in each sectors so

154  
00:07:03,070 --> 00:07:01,190  
the idea is that when you add the number

155  
00:07:05,379 --> 00:07:03,080  
of pixels across all the different

156  
00:07:08,439 --> 00:07:05,389  
sectors across all the different fingers

157  
00:07:10,240 --> 00:07:08,449  
what you can finally calculate is the

158  
00:07:11,800 --> 00:07:10,250  
size of the energy field for any one

159  
00:07:13,600 --> 00:07:11,810  
given individual and that's the

160  
00:07:17,170 --> 00:07:13,610  
quantitative measure that we're going to

161  
00:07:19,510 --> 00:07:17,180  
be talking with you today now this

162  
00:07:21,310 --> 00:07:19,520  
technology continues to be vetted and it

163  
00:07:23,499 --> 00:07:21,320

was approved by the Russian Ministry of

164

00:07:25,749 --> 00:07:23,509

Health following a series of clinical

165

00:07:27,879 --> 00:07:25,759

trials so it's gone through a rigorous

166

00:07:29,709 --> 00:07:27,889

vetting process and if you'd like to

167

00:07:31,360 --> 00:07:29,719

read more there have been over 80 papers

168

00:07:32,920 --> 00:07:31,370

that had been summarized in the

169

00:07:34,959 --> 00:07:32,930

meta-analysis in the Journal of

170

00:07:37,540 --> 00:07:34,969

alternative and complementary medicine

171

00:07:39,640 --> 00:07:37,550

and you see other institutions and

172

00:07:42,040 --> 00:07:39,650

organizations who have really taken gdv

173

00:07:47,230 --> 00:07:42,050

and looked at it into a more more

174

00:07:49,810 --> 00:07:47,240

detailed vetting process now the reason

175

00:07:51,490 --> 00:07:49,820

we're focused on GTV is because it can

176

00:07:54,010 --> 00:07:51,500

help us understand whether there are any

177

00:07:56,709 --> 00:07:54,020

particular energy signature patterns and

178

00:07:58,990 --> 00:07:56,719

so we wanted to find out there are

179

00:08:01,600 --> 00:07:59,000

envelope experiment is there a specific

180

00:08:04,120 --> 00:08:01,610

energy signature to the Bengston method

181

00:08:06,100 --> 00:08:04,130

because that really helps add to the

182

00:08:08,709 --> 00:08:06,110

literature behind energy healing of a

183

00:08:10,570 --> 00:08:08,719

more systematic understanding of the

184

00:08:11,650 --> 00:08:10,580

nature of healing and it can help us

185

00:08:15,040 --> 00:08:11,660

understand that

186

00:08:16,990 --> 00:08:15,050

Metzenbaum in healing but the second

187

00:08:19,840 --> 00:08:17,000

question we wanted to understand was

188

00:08:21,940 --> 00:08:19,850

whether these scans just like the EEG s

189

00:08:24,370 --> 00:08:21,950

and the MRIs that we've seen and prior

190

00:08:26,350 --> 00:08:24,380

research do those also reveal an

191

00:08:28,870 --> 00:08:26,360

autonomic response in the energy field

192

00:08:34,000 --> 00:08:28,880

and if they do involve an autonomic

193

00:08:36,430 --> 00:08:34,010

response what exactly happens so when we

194

00:08:38,200 --> 00:08:36,440

conducted the envelope experiment we had

195

00:08:41,260 --> 00:08:38,210

nine participants involved including

196

00:08:43,570 --> 00:08:41,270

myself all of us were either were

197

00:08:45,310 --> 00:08:43,580

trained by Bill as he visited us in

198

00:08:47,620 --> 00:08:45,320

Chicago during an in-person weekend

199

00:08:49,540 --> 00:08:47,630

workshop last March and one person

200

00:08:52,270 --> 00:08:49,550

actually was trained using his sounds

201  
00:08:54,850 --> 00:08:52,280  
true CD program and all the folks that

202  
00:08:57,400 --> 00:08:54,860  
came in came from wide range of

203  
00:08:59,290 --> 00:08:57,410  
occupations some of us work in fast

204  
00:09:00,100 --> 00:08:59,300  
paced corporate environments as part of

205  
00:09:02,500 --> 00:09:00,110  
our day jobs

206  
00:09:04,960 --> 00:09:02,510  
other folks are teachers or energy

207  
00:09:07,660 --> 00:09:04,970  
psychologists or energy workers are

208  
00:09:10,900 --> 00:09:07,670  
nurses so we came from a wide range of

209  
00:09:12,340 --> 00:09:10,910  
backgrounds and I can't have talked to a

210  
00:09:14,680 --> 00:09:12,350  
little bit earlier today about the

211  
00:09:16,960 --> 00:09:14,690  
nature resident bonding and all the

212  
00:09:19,180 --> 00:09:16,970  
folks that came in today we had a

213  
00:09:22,650 --> 00:09:19,190

varying level of familiarity with each

214

00:09:25,420 --> 00:09:22,660

other we did not come in all friends all

215

00:09:27,010 --> 00:09:25,430

acquaintances some of us did not know

216

00:09:28,870 --> 00:09:27,020

each other when we first started this

217

00:09:31,090 --> 00:09:28,880

experiment so there was a varying degree

218

00:09:33,760 --> 00:09:31,100

of familiarity with everybody in the

219

00:09:35,500 --> 00:09:33,770

group and we all volunteered to

220

00:09:39,190 --> 00:09:35,510

participate so there may have been some

221

00:09:42,490 --> 00:09:39,200

potential self selection bias now when

222

00:09:44,410 --> 00:09:42,500

we got everybody in the same room the

223

00:09:47,920 --> 00:09:44,420

conduct experiment we instructed

224

00:09:50,260 --> 00:09:47,930

everybody do not do image cycling and so

225

00:09:52,180 --> 00:09:50,270

we wanted to avoid conscious cycling to

226

00:09:55,780 --> 00:09:52,190

make sure that effect was taken out the

227

00:09:59,470 --> 00:09:55,790

intent of image cycling was removed from

228

00:10:02,320 --> 00:09:59,480

the the ultimate scans so as you can see

229

00:10:04,300 --> 00:10:02,330

there we took a scan of everybody before

230

00:10:06,820 --> 00:10:04,310

holding an envelope we had only one

231

00:10:08,590 --> 00:10:06,830

person hold at one envelope at a time to

232

00:10:10,210 --> 00:10:08,600

avoid any interaction effects of

233

00:10:13,060 --> 00:10:10,220

multiple people holding multiple

234

00:10:15,640 --> 00:10:13,070

envelopes at the same time and then we

235

00:10:17,830 --> 00:10:15,650

took another scan of an individual

236

00:10:21,440 --> 00:10:17,840

holding the envelope after about 10

237

00:10:25,940 --> 00:10:23,870

now the envelope content instead of a

238

00:10:28,700 --> 00:10:25,950

hair sample of an individual with cancer

239

00:10:31,040 --> 00:10:28,710

we had names of individuals who were

240

00:10:33,800 --> 00:10:31,050

undergoing Bengston treatments from

241

00:10:38,090 --> 00:10:33,810

Bernadette or they were blank index

242

00:10:39,800 --> 00:10:38,100

cards so the none of us knew what was in

243

00:10:41,960 --> 00:10:39,810

the envelope and we actually had more

244

00:10:43,340 --> 00:10:41,970

envelopes than we had people to

245

00:10:50,750 --> 00:10:43,350

introduce a little bit of extra

246

00:10:54,170 --> 00:10:50,760

randomness in the experiment so the

247

00:10:56,450 --> 00:10:54,180

hypothesis was that anybody who's

248

00:10:59,330 --> 00:10:56,460

holding an envelope a sealed envelope

249

00:11:01,070 --> 00:10:59,340

with names in it of cancer patients we

250

00:11:03,740 --> 00:11:01,080

should be able to observe some sort of

251

00:11:05,650 --> 00:11:03,750

autonomic Ben stand method energy

252

00:11:08,210 --> 00:11:05,660

response among those therapists and we

253

00:11:10,490 --> 00:11:08,220

shouldn't see any kind of response among

254

00:11:13,760 --> 00:11:10,500

the folks who are holding a blank index

255

00:11:15,680 --> 00:11:13,770

card but in order to make a lot of sense

256

00:11:18,470 --> 00:11:15,690

of the results we have to first define

257

00:11:21,680 --> 00:11:18,480

what the Bankston energy signature looks

258

00:11:23,300 --> 00:11:21,690

like because it could mean a whole lot

259

00:11:25,490 --> 00:11:23,310

of different things and the nice

260

00:11:27,350 --> 00:11:25,500

advantage of working at a Wellness

261

00:11:30,020 --> 00:11:27,360

Center such as equilibrium is that folks

262

00:11:32,270 --> 00:11:30,030

come Nasik and they ask us can we have a

263

00:11:34,790 --> 00:11:32,280

Bankston treatment and so we use that

264

00:11:37,670 --> 00:11:34,800

opportunity to get a pre read and a post

265

00:11:40,010 --> 00:11:37,680

read of what happens to them after each

266

00:11:42,760 --> 00:11:40,020

of those treatments taking these gdv

267

00:11:45,350 --> 00:11:42,770

scans and to make sense of the results

268

00:11:47,930 --> 00:11:45,360

when you have to look at two sets of

269

00:11:50,150 --> 00:11:47,940

finger scans for each individual's now

270

00:11:53,150 --> 00:11:50,160

the first set of scans when people place

271

00:11:54,920 --> 00:11:53,160

their fingers on the electrodes we don't

272

00:11:57,380 --> 00:11:54,930

use a plastic filter right on the

273

00:11:59,210 --> 00:11:57,390

electrode and that enables us to capture

274

00:12:01,460 --> 00:11:59,220

um the amount of sweat on our fingers

275

00:12:03,710 --> 00:12:01,470

and because of that it reflects back

276

00:12:06,290 --> 00:12:03,720

tivity level of the sympathetic nervous

277

00:12:08,390 --> 00:12:06,300

system and korotkov claims that that

278

00:12:11,390 --> 00:12:08,400

allows us to understand the psycho

279

00:12:14,210 --> 00:12:11,400

emotional constitution of the individual

280

00:12:16,700 --> 00:12:14,220

now we take a second set of scans when

281

00:12:19,190 --> 00:12:16,710

we look at the we put a polyethylene

282

00:12:20,840 --> 00:12:19,200

filter right on the electrode and that

283

00:12:23,480 --> 00:12:20,850

prevents the sweat from being picked up

284

00:12:24,970 --> 00:12:23,490

by the gdv scan and that reflects the

285

00:12:27,530 --> 00:12:24,980

activity level or the parasympathetic

286

00:12:30,320 --> 00:12:27,540

nervous system which reflects the

287

00:12:32,540 --> 00:12:30,330

physical condition of the individual and

288

00:12:34,760 --> 00:12:32,550

so when you'll see here in the next

289

00:12:35,020 --> 00:12:34,770

series of slides is just what happens to

290

00:12:37,840 --> 00:12:35,030

keep

291

00:12:39,880 --> 00:12:37,850

energy fields both from a physical which

292

00:12:41,920 --> 00:12:39,890

is the blue bar and an emotional which

293

00:12:44,860 --> 00:12:41,930

is a red bar and what you see here is

294

00:12:47,800 --> 00:12:44,870

the pre versus post impact so at a

295

00:12:49,750 --> 00:12:47,810

hundred meaning no real change you saw

296

00:12:51,910 --> 00:12:49,760

on average no real change to an

297

00:12:54,490 --> 00:12:51,920

individual's physical energy field after

298

00:12:57,340 --> 00:12:54,500

Bankston treatment but when you look at

299

00:12:59,590 --> 00:12:57,350

the emotional field you saw about a five

300

00:13:02,890 --> 00:12:59,600

percent decrease on an emotional field

301  
00:13:05,290 --> 00:13:02,900  
on average and it's not necessarily a

302  
00:13:07,390 --> 00:13:05,300  
hugely significant difference but it's a

303  
00:13:08,590 --> 00:13:07,400  
consistent difference the trend is there

304  
00:13:11,140 --> 00:13:08,600  
we don't have the numbers for

305  
00:13:14,620 --> 00:13:11,150  
statistical significance but the trend

306  
00:13:18,100 --> 00:13:14,630  
is certainly there so the big question

307  
00:13:19,870 --> 00:13:18,110  
is isn't this Benson method going

308  
00:13:21,310 --> 00:13:19,880  
through the root cause it's a

309  
00:13:24,010 --> 00:13:21,320  
penetrating to the root cause of disease

310  
00:13:25,930 --> 00:13:24,020  
which often begins on an emotional level

311  
00:13:28,810 --> 00:13:25,940  
is that why can heal a lot of diseases

312  
00:13:31,060 --> 00:13:28,820  
such as cancer or some of these really

313  
00:13:34,270 --> 00:13:31,070

challenging diseases that aren't

314

00:13:38,080 --> 00:13:34,280

necessarily based on a from a physical

315

00:13:39,910 --> 00:13:38,090

root cause now we also wanted to look at

316

00:13:41,920 --> 00:13:39,920

what happens between a therapist and a

317

00:13:43,990 --> 00:13:41,930

recipient who conduct the Bankston

318

00:13:46,570 --> 00:13:44,000

method and when we looked at therapists

319

00:13:48,640 --> 00:13:46,580

you saw the same shrinkage and emotional

320

00:13:51,010 --> 00:13:48,650

field and about the same stability and

321

00:13:53,200 --> 00:13:51,020

the physical energy field and when you

322

00:13:55,600 --> 00:13:53,210

looked at the recipient again the same

323

00:13:57,610 --> 00:13:55,610

shrinkage in the emotional field of the

324

00:14:00,370 --> 00:13:57,620

recipient but there was a little bit of

325

00:14:02,079 --> 00:14:00,380

expansion in the recipients physical

326

00:14:05,410 --> 00:14:02,089

field so they were definitely getting a

327

00:14:08,020 --> 00:14:05,420

benefit from the Bengston treatments now

328

00:14:10,150 --> 00:14:08,030

the question that this produces is that

329

00:14:12,310 --> 00:14:10,160

we see the similarity between the

330

00:14:14,829 --> 00:14:12,320

therapist and the recipient does that

331

00:14:17,140 --> 00:14:14,839

mean that there's some sort of resident

332

00:14:19,150 --> 00:14:17,150

bonding going on between a therapist and

333

00:14:23,170 --> 00:14:19,160

a recipient when a Bengston treatment

334

00:14:24,790 --> 00:14:23,180

occurs unanswered question now what

335

00:14:27,520 --> 00:14:24,800

you'll see here is a series of slides

336

00:14:29,560 --> 00:14:27,530

and on the x-axis is the size of the

337

00:14:31,840 --> 00:14:29,570

energy field before banks and treatment

338

00:14:34,240 --> 00:14:31,850

and on the y-axis the size of the energy

339

00:14:36,220 --> 00:14:34,250

field after the treatment and I'm really

340

00:14:37,990 --> 00:14:36,230

impressed by the strength of the

341

00:14:40,810 --> 00:14:38,000

predictability and the correlation

342

00:14:43,329 --> 00:14:40,820

between the pre and post in the

343

00:14:44,949 --> 00:14:43,339

emotional energy field and you don't

344

00:14:46,990 --> 00:14:44,959

really see that in the physical energy

345

00:14:48,290 --> 00:14:47,000

field that's a really sharp contrast and

346

00:14:52,340 --> 00:14:48,300

the predictability

347

00:14:54,770 --> 00:14:52,350

for and after now well because when

348

00:14:57,650 --> 00:14:54,780

equilibrium the Backson method is one of

349

00:14:59,660 --> 00:14:57,660

our favorite methods of energy work but

350

00:15:01,520 --> 00:14:59,670

we also have a couple other popular

351

00:15:03,500 --> 00:15:01,530

forms of energy work including Reiki

352

00:15:05,630 --> 00:15:03,510

which is a hands-on another hands-on

353

00:15:07,820 --> 00:15:05,640

form of healing and holographic memory

354

00:15:10,160 --> 00:15:07,830

resolution which is a form of energy

355

00:15:11,930 --> 00:15:10,170

psychology and when you look at those

356

00:15:14,180 --> 00:15:11,940

r-squared values is strength of the

357

00:15:18,020 --> 00:15:14,190

predictability between the pre and post

358

00:15:20,240 --> 00:15:18,030

Fields in those particular modalities

359

00:15:23,000 --> 00:15:20,250

you don't see that same effect for Ricky

360

00:15:24,470 --> 00:15:23,010

and holographic memory resolution and in

361

00:15:26,390 --> 00:15:24,480

fact when you look at those two

362

00:15:28,580 --> 00:15:26,400

particular modalities it's a little bit

363

00:15:31,010 --> 00:15:28,590

stronger for the physical field than it

364

00:15:32,950 --> 00:15:31,020

is for the emotional field so you can

365

00:15:35,630 --> 00:15:32,960

see that the Bankston method has

366

00:15:38,600 --> 00:15:35,640

potentially what we call a unique and

367

00:15:40,370 --> 00:15:38,610

energy signature is this enough data to

368

00:15:43,310 --> 00:15:40,380

say that there's a unique energy

369

00:15:45,260 --> 00:15:43,320

signature to the Bankston method I don't

370

00:15:47,420 --> 00:15:45,270

know it's one of the questions but there

371

00:15:50,150 --> 00:15:47,430

certainly shows that there's a clear

372

00:15:52,220 --> 00:15:50,160

difference with Venson method versus

373

00:15:56,090 --> 00:15:52,230

other popular forms of energy huge

374

00:15:57,620 --> 00:15:56,100

healing now we know that because

375

00:15:59,210 --> 00:15:57,630

different sectors of the finger

376

00:16:01,820 --> 00:15:59,220

correspond to different aspects of the

377

00:16:03,800 --> 00:16:01,830

body when Karaka of claims you can also

378

00:16:07,000 --> 00:16:03,810

measure the size and the vitality of

379

00:16:10,370 --> 00:16:07,010

different chakras within the system so

380

00:16:13,430 --> 00:16:10,380

the output this is some one output that

381

00:16:16,460 --> 00:16:13,440

you see from a typical gdv scan and

382

00:16:18,020 --> 00:16:16,470

don't ignore right now the alignment of

383

00:16:21,110 --> 00:16:18,030

where the balls are but the bigger the

384

00:16:23,210 --> 00:16:21,120

balls the bigger the chakra size and so

385

00:16:24,800 --> 00:16:23,220

that's what somebody looks like before

386

00:16:26,420 --> 00:16:24,810

coming in for banks and treatment and

387

00:16:27,920 --> 00:16:26,430

then that's what somebody would look

388

00:16:30,860 --> 00:16:27,930

like after they come in for a treatment

389

00:16:33,890 --> 00:16:30,870

now what is the the denominator what is

390

00:16:36,410 --> 00:16:33,900

a theme that you see shrinkage in the

391

00:16:38,450 --> 00:16:36,420

size of the chakras and then that's what

392

00:16:40,340 --> 00:16:38,460

we tend to see in general that the

393

00:16:43,540 --> 00:16:40,350

Bankson method tends to shrink the major

394

00:16:46,280 --> 00:16:43,550

energy centers after treatment and so

395

00:16:49,190 --> 00:16:46,290

the possible explanation is that when

396

00:16:51,650 --> 00:16:49,200

the system becomes excited and emission

397

00:16:54,920 --> 00:16:51,660

of energy tends to occur but that causes

398

00:16:57,080 --> 00:16:54,930

the system to go to a lower state of

399

00:17:00,560 --> 00:16:57,090

energy and then that could be a cause of

400

00:17:01,730 --> 00:17:00,570

the shrinkage and that's all driven by

401  
00:17:03,830 --> 00:17:01,740

what happens in

402  
00:17:06,230 --> 00:17:03,840

cycling so an image fight cycling you're

403  
00:17:08,270 --> 00:17:06,240

thinking about your most ardent desires

404  
00:17:10,100 --> 00:17:08,280

done the wishes that you want most

405  
00:17:14,300 --> 00:17:10,110

fulfilled and sometimes it gets you

406  
00:17:16,340 --> 00:17:14,310

excited now when you look at across all

407  
00:17:18,710 --> 00:17:16,350

the different seven major energy centers

408  
00:17:21,770 --> 00:17:18,720

you see that shrinkage pretty consistent

409  
00:17:24,410 --> 00:17:21,780

so there's not one place in in the the

410  
00:17:27,020 --> 00:17:24,420

body that's necessarily more active or

411  
00:17:29,300 --> 00:17:27,030

more shrinking than than another and

412  
00:17:31,670 --> 00:17:29,310

when we wanted to put this in the

413  
00:17:34,820 --> 00:17:31,680

context looking at reiki and holographic

414

00:17:36,800 --> 00:17:34,830

memory resolution the question is do we

415

00:17:39,320 --> 00:17:36,810

see the same kind of shrinkage in those

416

00:17:41,930 --> 00:17:39,330

two modalities versus Bengston method

417

00:17:45,020 --> 00:17:41,940

and the answer is no we actually see

418

00:17:47,000 --> 00:17:45,030

more expansion in the chakras with Reiki

419

00:17:49,220 --> 00:17:47,010

and more expansion with holographic

420

00:17:51,380 --> 00:17:49,230

memory resolution so this is another

421

00:17:53,690 --> 00:17:51,390

data point to suggest that there could

422

00:17:57,650 --> 00:17:53,700

be a unique energy signature to the

423

00:17:59,690 --> 00:17:57,660

Bankston matter so that leads us now

424

00:18:02,120 --> 00:17:59,700

that we're grounded on what the

425

00:18:04,460 --> 00:18:02,130

potential unique energy signature is

426  
00:18:06,350 --> 00:18:04,470  
from a Bengston method that leads us

427  
00:18:08,150 --> 00:18:06,360  
that gives us the opportunity to

428  
00:18:10,940 --> 00:18:08,160  
understand the envelope experiment

429  
00:18:13,160 --> 00:18:10,950  
results so we know just to recap we see

430  
00:18:15,020 --> 00:18:13,170  
shrinkage and emotional energy fields we

431  
00:18:17,060 --> 00:18:15,030  
see no huge change in the physical

432  
00:18:20,630 --> 00:18:17,070  
energy fields and we see shrinkage

433  
00:18:22,520 --> 00:18:20,640  
overall from most of the chakras and you

434  
00:18:25,760 --> 00:18:22,530  
can see there's more shrinkage when

435  
00:18:28,910 --> 00:18:25,770  
people who held the Mane's you can see

436  
00:18:31,310 --> 00:18:28,920  
and the people with no names there's a

437  
00:18:33,110 --> 00:18:31,320  
pretty similar response among people

438  
00:18:35,300 --> 00:18:33,120

with and without names an envelope you

439

00:18:39,230 --> 00:18:35,310

can see that the correlation still

440

00:18:41,270 --> 00:18:39,240

pretty strong before and after and even

441

00:18:43,520 --> 00:18:41,280

people with versus without an envelope

442

00:18:46,150 --> 00:18:43,530

and the physical energy field still

443

00:18:48,080 --> 00:18:46,160

doesn't exhibit any kind of relationship

444

00:18:50,180 --> 00:18:48,090

when you look at the change in the

445

00:18:51,830 --> 00:18:50,190

chakra size you can see that the people

446

00:18:53,660 --> 00:18:51,840

with the names actually had a slightly

447

00:18:55,460 --> 00:18:53,670

greater energetic response and the

448

00:18:58,190 --> 00:18:55,470

people without the names but they still

449

00:19:00,680 --> 00:18:58,200

look like there was a Bankston signature

450

00:19:03,560 --> 00:19:00,690

going on and when you looked at the

451  
00:19:04,880 --> 00:19:03,570  
excitement levels the excitement levels

452  
00:19:08,000 --> 00:19:04,890  
of the people with names and without

453  
00:19:10,040 --> 00:19:08,010  
names increased to a similar degree so

454  
00:19:10,749 --> 00:19:10,050  
again that suggests that there's some

455  
00:19:14,019 --> 00:19:10,759  
resident

456  
00:19:15,909 --> 00:19:14,029  
going on now when we ask people if they

457  
00:19:19,029 --> 00:19:15,919  
felt like they had a name in their

458  
00:19:20,799 --> 00:19:19,039  
envelope people were not correct in

459  
00:19:22,959 --> 00:19:20,809  
their subjective interpretation so it

460  
00:19:25,060 --> 00:19:22,969  
just goes to the bills point and then

461  
00:19:27,369 --> 00:19:25,070  
he's made several times before that more

462  
00:19:30,219 --> 00:19:27,379  
objective data behind energy is healing

463  
00:19:33,099 --> 00:19:30,229

is needed and that so much an energy

464

00:19:35,109 --> 00:19:33,109

work is assumed and objective data is

465

00:19:38,379 --> 00:19:35,119

really needed when trying to understand

466

00:19:41,709 --> 00:19:38,389

the impact of energy healing now we also

467

00:19:43,569 --> 00:19:41,719

looked at the different variation of the

468

00:19:45,789 --> 00:19:43,579

envelope experiment because of the fact

469

00:19:47,739 --> 00:19:45,799

that we had so many participants did

470

00:19:50,859 --> 00:19:47,749

those group effects did resident bonding

471

00:19:52,779 --> 00:19:50,869

affect our results in any way well this

472

00:19:54,699 --> 00:19:52,789

time we only had Bernadette participate

473

00:19:56,939 --> 00:19:54,709

and we had her go through the same

474

00:19:59,499 --> 00:19:56,949

instructions as we shared with a group

475

00:20:03,579 --> 00:19:59,509

now this was her baseline read on the

476  
00:20:06,279 --> 00:20:03,589  
far left and unbeknownst us she we had

477  
00:20:08,259 --> 00:20:06,289  
names in the first three envelopes so

478  
00:20:10,299 --> 00:20:08,269  
after five minutes our energy field

479  
00:20:12,579 --> 00:20:10,309  
shrink just a little bit after ten

480  
00:20:14,859 --> 00:20:12,589  
minutes it continued to shrink after 15

481  
00:20:16,419 --> 00:20:14,869  
minutes it shrank even more and half

482  
00:20:19,659 --> 00:20:16,429  
when in the last envelope where there

483  
00:20:22,119 --> 00:20:19,669  
was no name we saw a restoration in our

484  
00:20:26,079 --> 00:20:22,129  
emotional energy field so the GDD scan

485  
00:20:27,729 --> 00:20:26,089  
was picking up an autonomic response did

486  
00:20:29,709 --> 00:20:27,739  
we see that same of impact in the

487  
00:20:32,469 --> 00:20:29,719  
physical energy field yes

488  
00:20:34,419 --> 00:20:32,479

but not to the same extent and we saw

489

00:20:36,009 --> 00:20:34,429

the same shrinkage and chakra size and

490

00:20:39,159 --> 00:20:36,019

even more pronounced than what we saw

491

00:20:41,049 --> 00:20:39,169

earlier so the key takeaways was that

492

00:20:43,599 --> 00:20:41,059

there's a predictable consistent and

493

00:20:45,519 --> 00:20:43,609

measurable effect on an individual's

494

00:20:47,499 --> 00:20:45,529

energy field for somebody going through

495

00:20:49,180 --> 00:20:47,509

the Bankston treatment and it really

496

00:20:52,479 --> 00:20:49,190

appears that there's a unique energy

497

00:20:54,759 --> 00:20:52,489

profile or signature now the treatment

498

00:20:56,979 --> 00:20:54,769

definitely appears to produce more

499

00:20:59,379 --> 00:20:56,989

excited state in the autonomic in the

500

00:21:01,779 --> 00:20:59,389

sympathetic nervous system and it really

501  
00:21:04,839 --> 00:21:01,789  
appears more in the emotional versus the

502  
00:21:06,729 --> 00:21:04,849  
physical energy field now with gdb we

503  
00:21:08,949 --> 00:21:06,739  
only focused on one of the major metrics

504  
00:21:10,139 --> 00:21:08,959  
there's a lot more metrics behind the

505  
00:21:13,119 --> 00:21:10,149  
gdv output

506  
00:21:16,119 --> 00:21:13,129  
related to organ vitality that really

507  
00:21:18,069 --> 00:21:16,129  
could help us better understand what the

508  
00:21:18,740 --> 00:21:18,079  
energetic underpinnings from an organ

509  
00:21:25,130 --> 00:21:18,750  
and an

510  
00:21:27,200 --> 00:21:25,140  
what some of the questions was did by

511  
00:21:29,510 --> 00:21:27,210  
telling people not the image cycle did

512  
00:21:32,120 --> 00:21:29,520  
that produce the effect the opposite

513  
00:21:34,430 --> 00:21:32,130

effect of people cycling subconsciously

514

00:21:37,399 --> 00:21:34,440

and perhaps that was a case but that

515

00:21:40,130 --> 00:21:37,409

really gives us an indication of what's

516

00:21:42,919 --> 00:21:40,140

our inability or ability to turn on or

517

00:21:45,350 --> 00:21:42,929

off the Bengston energy and the

518

00:21:47,870 --> 00:21:45,360

autonomic responses to the stimulus are

519

00:21:50,720 --> 00:21:47,880

definitely recognized by the GTV scans

520

00:21:52,970 --> 00:21:50,730

and it proves that reactions can occur

521

00:21:55,789 --> 00:21:52,980

to anybody trained in the Bankston

522

00:21:58,070 --> 00:21:55,799

method and just not by Bill himself so

523

00:22:00,350 --> 00:21:58,080

it doesn't speak to whether healing can

524

00:22:02,330 --> 00:22:00,360

necessarily be taught because none of

525

00:22:04,880 --> 00:22:02,340

our scans were taken before learning

526

00:22:07,130 --> 00:22:04,890

dubbed the Bankston method but just

527

00:22:10,610 --> 00:22:07,140

shows that the impact can occur among

528

00:22:12,649 --> 00:22:10,620

people who are not bill and it proves

529

00:22:14,539 --> 00:22:12,659

that subjective assessments again are

530

00:22:16,940 --> 00:22:14,549

just unreliable we need more objective

531

00:22:18,799 --> 00:22:16,950

pieces of data and that resonant bonding

532

00:22:21,950 --> 00:22:18,809

effects are really alive and well

533

00:22:23,930 --> 00:22:21,960

Bernadette was the key in all both

534

00:22:26,090 --> 00:22:23,940

experiments if she did not participate

535

00:22:27,950 --> 00:22:26,100

in both the first and second envelope

536

00:22:31,880 --> 00:22:27,960

experiment how would that have changed

537

00:22:34,310 --> 00:22:31,890

results and how would how would have the

538

00:22:36,049 --> 00:22:34,320

results differed if we had patients who

539

00:22:38,539 --> 00:22:36,059

burnin that had not known and we got

540

00:22:41,360 --> 00:22:38,549

those names from a doctor we hadn't

541

00:22:43,820 --> 00:22:41,370

never been in contact with those are

542

00:22:46,370 --> 00:22:43,830

some questions that are still left

543

00:22:49,430 --> 00:22:46,380

unanswered and so some of the broader

544

00:22:51,200 --> 00:22:49,440

implications is that why is the effect

545

00:22:53,360 --> 00:22:51,210

happening in the motional field rather

546

00:22:55,130 --> 00:22:53,370

than the physical energy field so does

547

00:22:56,870 --> 00:22:55,140

that suggest that healing happens not in

548

00:22:59,360 --> 00:22:56,880

the body but in the quantum energy field

549

00:23:02,000 --> 00:22:59,370

and what's the role of excitement and

550

00:23:03,980 --> 00:23:02,010

healing for example in energy and

551  
00:23:06,380 --> 00:23:03,990  
emotion and Kent had talked about this a

552  
00:23:08,090 --> 00:23:06,390  
little bit earlier when you have ritual

553  
00:23:09,980 --> 00:23:08,100  
you don't get excited anymore

554  
00:23:13,720 --> 00:23:09,990  
and when you have ritual that may

555  
00:23:17,180 --> 00:23:13,730  
diminish the impact of healing and

556  
00:23:19,940 --> 00:23:17,190  
lastly how can gdb be used to supplement

557  
00:23:22,010 --> 00:23:19,950  
future energy work research because gdb

558  
00:23:24,470 --> 00:23:22,020  
scans we just touched upon a little bit

559  
00:23:26,419 --> 00:23:24,480  
of the major summary measures but you

560  
00:23:28,789 --> 00:23:26,429  
cannot understand the vitality levels of

561  
00:23:29,849 --> 00:23:28,799  
the different organs based on different

562  
00:23:32,320 --> 00:23:29,859  
energy modality

563  
00:23:34,089 --> 00:23:32,330

so we have a lot of questions left

564

00:23:35,889 --> 00:23:34,099

unanswered but hopefully it gave us some

565

00:23:37,749 --> 00:23:35,899

food for thought as we had the lunch and

566

00:23:44,799 --> 00:23:37,759

I really appreciate your time

567

00:23:46,959 --> 00:23:44,809

thank you for your question thank you we

568

00:23:49,060 --> 00:23:46,969

only have time for maybe two questions

569

00:23:56,589 --> 00:23:49,070

at best so if we have a couple people

570

00:23:59,889 --> 00:23:56,599

who have a question right now so I

571

00:24:04,839 --> 00:23:59,899

assume that you measuring area correct

572

00:24:06,279 --> 00:24:04,849

okay because the gdv has probably 50

573

00:24:08,200 --> 00:24:06,289

different parameters you could have

574

00:24:10,930 --> 00:24:08,210

measured and I assume there are no

575

00:24:13,180 --> 00:24:10,940

changes in the other parameters and the

576  
00:24:15,310 --> 00:24:13,190  
largest changes were in the area so my

577  
00:24:19,209 --> 00:24:15,320  
question is that since you're observing

578  
00:24:22,539 --> 00:24:19,219  
a decrease in in the energy emissions

579  
00:24:24,729 --> 00:24:22,549  
from a healer in basically without the

580  
00:24:26,409 --> 00:24:24,739  
filter how does this data compare with

581  
00:24:28,450 --> 00:24:26,419  
all the other experiments that have been

582  
00:24:31,119 --> 00:24:28,460  
done with currently in photography which

583  
00:24:33,820 --> 00:24:31,129  
is basically the same as gdv without the

584  
00:24:37,419 --> 00:24:33,830  
filter of course all curl old currently

585  
00:24:39,310 --> 00:24:37,429  
in Data never used filters so and

586  
00:24:42,159 --> 00:24:39,320  
there's a lot of studies which has shown

587  
00:24:44,200 --> 00:24:42,169  
that healers and meat more energy when

588  
00:24:47,049 --> 00:24:44,210

they heal now you're telling us that

589

00:24:50,169 --> 00:24:47,059

this healer emits less energy when he

590

00:24:52,269 --> 00:24:50,179

heals it doesn't seem to jive I think

591

00:24:54,519 --> 00:24:52,279

the clarification is that when you see a

592

00:24:56,499 --> 00:24:54,529

lower number it means there's more sweat

593

00:24:59,529 --> 00:24:56,509

on the fingertips so it means there's

594

00:25:02,019 --> 00:24:59,539

that's an interpretation I'm talking

595

00:25:04,389 --> 00:25:02,029

about the raw data you're measuring

596

00:25:07,989 --> 00:25:04,399

whatever currently and measures whether

597

00:25:09,549 --> 00:25:07,999

it's sympathetic paris's photons I don't

598

00:25:11,589 --> 00:25:09,559

think it's measuring photon but you know

599

00:25:14,950 --> 00:25:11,599

whatever it measures you're getting a

600

00:25:16,810 --> 00:25:14,960

decrease and all other studies like this

601  
00:25:20,019 --> 00:25:16,820  
in the past have shown an increase with

602  
00:25:22,450 --> 00:25:20,029  
Kirlian it could be it could be

603  
00:25:24,639 --> 00:25:22,460  
something unique to the system or is it

604  
00:25:26,680 --> 00:25:24,649  
unique to build and have you actually

605  
00:25:30,759 --> 00:25:26,690  
done bill gets the same thing as well as

606  
00:25:32,680 --> 00:25:30,769  
the students a decrease well I haven't

607  
00:25:35,619 --> 00:25:32,690  
taken enough scans of bill to come out

608  
00:25:36,669 --> 00:25:35,629  
other conclusion on that okay just think

609  
00:25:39,060 --> 00:25:36,679  
about I think it's a good question